



the KITCHEN

OPEN 7 DAYS FROM 10AM
LUNCH FROM 11AM TILL 5PM



LUNCH MENU

M - MEMBER'S PRICE | NM - NON-MEMBER'S PRICE

NOT A MEMBER? JOIN NOW FOR \$5!

PLEASE ORDER AT THE COUNTER WHEN YOU'RE READY.

TO SHARE

Garlic Bread (GFO)	11.5	8.5
With cheese.	12.9	9.9
With cheese & bacon.	13.9	10.9

Bruschetta (VG, VO, GFO)	15.9	12.9
Sourdough with diced red onion, tomato, basil & fresh Byron Bay fior di latte.		

Lemon Pepper Calamari	18.5	15.5
Served with chips & citrus aioli.		

Seasoned Chips	sm 10.5	7.5
Served with tomato relish.	lg 13.9	10.9

Duck Spring Rolls (4)	18.9	15.9
Served with a sweet chilli dipping sauce.		

Malaysian Chicken Curry Samosas (6)	17.9	14.9
Deep fried & served with a fresh raita dipping sauce.		

Prawn & Ginger Dumplings (6)	19.9	16.9
Deep fried & served with an Asian soy dipping sauce.		

BURGERS & SANDWICHES

TK Cheesy Bacon Burger (GFO)	24.9	21.9
Beef patty, bacon, lettuce, tomato, cheese, onion, pickle, beetroot & TK sauce on a brioche bun. Served with chips.		

Rump Steak Sandwich (GFO)	25.9	22.9
Grain fed Angus rump, bacon, lettuce, tomato, cheese, fried onion & TK sauce on thick cut toast. Served with chips.		

Fried Chicken Burger	22.9	19.9
Fried buttermilk chicken, lettuce, tomato, cheese, onion, pickle & TK sauce on a brioche bun. Served with chips.		
Add bacon +2.0		

Haloumi & Avocado Burger (VG, VO, GFO)	22.9	19.9
Grilled haloumi, avocado, beetroot hummus, roast capsicum & spinach on a toasted Turkish bun. Served with chips.		

BLAT Sandwich (VGO, GFO)	22.9	19.9
Bacon, lettuce, avocado, tomato & ranch sauce on a toasted Turkish bun. Served with chips.		



SALADS

Caesar Salad (GFO)	20.9	17.9
Baby cos lettuce, bacon, house made Caesar dressing, poached egg, croutons, Parmesan & anchovies.		

Add chicken +6.0

Greek Salad (GF, VO)	22.9	19.9
Mesculin, tomatoes, cucumber, red onion, olives & feta, finished with a balsamic dressing.		

Add calamari +6.0 (NOT GF)

Add chicken +6.0

Add prawns +8.0

Asian Herb & Noodle Salad (GF) 🌿	22.9	19.9
Rice noodles, coriander, mint, Thai basil, bean sprouts, shallots, fresh red chilli, carrot, cucumber & lime, with a coriander dressing.		

Add calamari +6.0 (NOT GF)

Add chicken +6.0

Add prawns +8.0

Salt & Pepper Cauliflower Salad (V)	20.9	17.9
Roast pumpkin, avocado, mesculin & spinach, topped with toasted pine nuts, baked cauliflower & a lemon vinaigrette.		

Roast Beetroot & Goat's Cheese Salad (VG, VO, GF)	24.9	21.9
Roast beetroot, goat's cheese, lettuce, Spanish onion & toasted walnuts.		

Add chicken +6.0

Add haloumi +5.0

**DON'T FORGET TO
CHECK OUT OUR
DAILY SPECIALS!**

MAINS

Chicken Schnitzel 25.9 22.9

Buttermilk marinated chicken breast, hand crumbed & deep fried. Served with chips, salad & gravy.

Add Napoli sauce, ham & mozzarella +5.0

Creamy Garlic Prawns (GF) 36.9 33.9

Served with rice & salad.

Shanghai Chicken (GFO) 28.9 25.9

Chicken supreme slow cooked in a Chinese master stock & pan fried. Served with sautéed Asian vegetables & rice.

Prawn & Crab Ravioli 32.9 29.9

Ravioli filled with prawn & crab tossed through a citrus cream sauce & spinach.

Native Bush Spiced Lamb Chops (GF) 29.9 26.9

Served on mashed potatoes with steamed vegetables & gravy.

Pumpkin & Sage Risotto (VO, GF) 25.9 22.9

Creamy pumpkin risotto topped with deep fried sage, roast pumpkin, Parmesan & pine nuts.

Add chicken +6.0

Add prawns +8.0

Chicken & Cashew Stir Fry (GF) 28.9 25.9

Marinated chicken with Asian vegetables, stir fried through a sweet & sticky chilli sauce. Served with rice & topped with toasted cashews.

Vegan Schnitzel (V) 29.9 26.9

Served on rosemary potatoes & seasonal vegetables, with a side of plant-based mayonnaise.



Shanghai Chicken

STEAKS

200g Grain Fed Angus Rump (GFO) 24.9 21.9

300g Black Angus Rib Fillet (GFO) 42.9 39.9

Served with rosemary potatoes & steamed vegetables, mashed potato & steamed vegetables or chips & salad, plus your choice of sauce: pepper, mushroom or Hollandaise.

Add a Garlic Prawn Topper (GF) +9.0

Add a Chilli Prawn Topper (GF) +9.0

Add extra sauce +2.0



Pork Roast of the Day

LUNCH CLASSICS

Roast of the Day (GF) 19.9 16.9

Served with roast potato & pumpkin, steamed vegetables & topped with gravy.

Please note if the roast of the day is lamb add 2.0

Grilled Fish (GFO) 19.9 16.9

Cooked in a lemon butter, served with lemon & tartare, with chips & salad or mashed potato & steamed vegetables.

Bangers & Mash 21.9 18.9

2 thick Wagyu beef sausages served with mashed potato, steamed vegetables & caramelised onion gravy.

Pumpkin & Feta Quiche (VG) 22.9 19.9

Served with a side salad.

Battered Alaskan Pollock 21.9 18.9

Served with chips, salad, lemon & tartare.

Chicken, Cheese & Avocado Toastie (GFO) 14.9 11.9

Served with chips & salad.

Ham, Cheese & Tomato Toastie (GFO) 14.9 11.9

Served with chips & salad.



Butter Chicken Pizza

PIZZAS

MEDIUM	21	18
LARGE	26	23
GLUTEN FREE (large only)	29	26

Margherita (VG)

Napoli sauce, tomato slices, basil, garlic & mozzarella.

Chilli Pepperoni 🍌

Napoli sauce, pepperoni, roast capsicum, onion, chilli & mozzarella.

Pesto Chicken & Bacon

Pesto sauce, chicken, crispy bacon, onion & mozzarella.

Vegorama (VG)

Pesto sauce, potato, pumpkin, red onion, mushroom, feta, roast capsicum, olives, fresh basil & mozzarella.

Gamberi 🍌

Napoli sauce, prawns, cherry tomatoes, garlic, chilli, basil & mozzarella.

Hawaiian

Napoli sauce, leg ham, pineapple & mozzarella.

Meatlovers (GFO)

BBQ sauce, pork sausage, bacon, chicken, red onion & mozzarella.

Supreme

Napoli sauce, Italian sausage mince, ham, olives, Spanish onion, roast capsicum & mozzarella.

Chicken & Avocado

Napoli sauce, chicken, avocado, Spanish onion & mozzarella, with a hollandaise swirl.

Butter Chicken

Napoli sauce, marinated chicken, Spanish onion, red capsicum, spinach & mozzarella, with an aioli swirl.

KIDS

Children 12 & under

All kids meals come with a soft drink.

9.9

Spaghetti & Meatballs (VGO)

Mini Ham & Cheese Pizza

Golden Fish Bites & Chips

Junior Cheeseburger & Chips

Crispy Chicken Nuggets & Chips



Rump Combo

COMBO DEALS

Burger Combo 30.9 27.9

Any burger served with chips & 6 wings (BBQ or Buffalo).

Steak Sandwich Combo 33.0 30.0

Rump steak sandwich served with chips & 6 wings (BBQ or Buffalo).

Rump Combo 33.0 30.0

200g rump steak served with chips & 6 wings (BBQ or Buffalo).

Pizza Combo 33.0 30.0

Any large pizza, chips & 2 pieces of garlic bread.

Parmi Combo 38.0 35.0

Chicken parmi, schooner of the beer of the month & 6 wings (BBQ or Buffalo).