

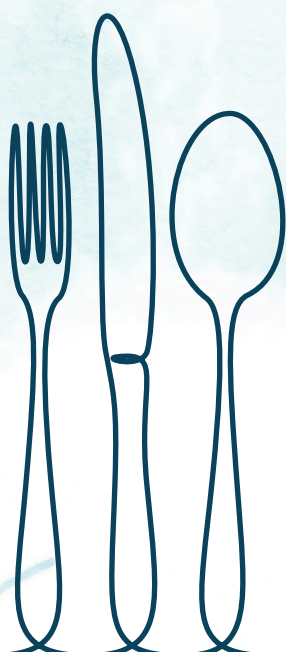


# *the* **KITCHEN**

**OPEN 7 DAYS FROM 10AM**

**SPRING MENU**

**LUNCH MENU AVAILABLE FROM 11AM - 5PM**



*lunch*

**M - MEMBER'S PRICE | NM - NON-MEMBER'S PRICE**

**NOT A MEMBER? JOIN NOW FOR \$5!**

**PLEASE ORDER AT THE COUNTER WHEN YOU'RE READY.**

## TO SHARE

	NM	M
<b>Garlic Bread</b> (GFO)	11.5	<b>8.5</b>
With cheese.	12.9	<b>9.9</b>
With cheese & bacon.	13.9	<b>10.9</b>
<b>Bruschetta</b> (VG, GFO)	15.9	<b>12.9</b>
Sourdough with diced red onion, tomato, basil & fresh Byron Bay fior di latte.		
<b>Lemon Pepper Calamari</b>	18.5	<b>15.5</b>
Served with chips & citrus aioli.		
<b>Seasoned Chips</b>	<b>sm</b> 10.5	<b>7.5</b>
Served with tomato relish.	<b>lg</b> 13.9	<b>10.9</b>
<b>Karaage Chicken</b>	18.9	<b>15.9</b>
Served with Kewpie mayonnaise.		
<b>Malaysian Chicken Curry Samosas (6)</b>	17.9	<b>14.9</b>
Deep fried & served with a fresh raita dipping sauce.		
<b>Prawn &amp; Ginger Dumplings (6)</b>	19.9	<b>16.9</b>
Deep fried & served with an Asian soy dipping sauce.		

## SALADS

<b>Caesar Salad</b> (GFO)	20.9	<b>17.9</b>
Baby cos lettuce, bacon, house made Caesar dressing, poached egg, croutons, Parmesan & anchovies.		
<b>Add chicken +6.0</b>		
<b>Roman Salad</b> (VO, GF)	26.9	<b>23.9</b>
Roast pumpkin, avocado, rocket & spinach. Topped with roast pine nuts, crispy prosciutto & a lemon vinaigrette.		
<b>Add feta +2.0</b>		
<b>Roast Beetroot &amp; Goat Cheese Salad</b> (VG, VO, GF)	24.9	<b>21.9</b>
Roast beetroot, goat cheese, lettuce, Spanish onion & toasted walnuts.		
<b>Add chicken +6.0</b>		
<b>Add haloumi +5.0</b>		

## STEAKS

<b>200g Grain Fed Angus Rump</b> (GFO)	24.9	<b>21.9</b>
<b>300g Black Angus Rib Fillet</b> (GFO)	42.9	<b>39.9</b>
Served with rosemary potatoes & steamed vegetables or chips & salad, plus your choice of sauce: pepper, mushroom or Hollandaise.		
<b>Add a Garlic Prawn Topper</b> (GF) <b>+9.0</b>		
<b>Add a Chilli Prawn Topper</b> (GF) <b>+9.0</b>		
<b>Add extra sauce +2.0</b>		

## CLASSICS

	NM	M
<b>Roast of the Day</b> (GF) Served with roast potato & pumpkin, steamed vegetables & topped with gravy. <b>Please note if the roast of the day is lamb add 2.0</b>	19.9	<b>16.9</b>
<b>Grilled Fish</b> (GFO) Cooked in a lemon butter, served with lemon & tartare, with chips & salad or mashed potato & steamed vegetables.	19.9	<b>16.9</b>
<b>Bangers &amp; Mash</b> 2 thick Wagyu beef sausages served with mashed potato, steamed vegetables & caramelised onion gravy.	21.9	<b>18.9</b>
<b>Shepherd's Pie</b> (GF) A savoury lamb mince filling topped with mashed potato & cheese. Served with steamed vegetables.	20.9	<b>17.9</b>
<b>Pork Schnitzel</b> Served with mashed potato, steamed vegetables & gravy.	22.9	<b>19.9</b>
<b>Chicken, Cheese &amp; Avocado Toastie</b> (GFO) Served with chips & salad.	14.9	<b>11.9</b>
<b>Ham, Cheese &amp; Tomato Toastie</b> (GFO) Served with chips & salad.	14.9	<b>11.9</b>

## MAINS

<b>Chicken Schnitzel</b> Buttermilk marinated chicken breast, hand crumbed & deep fried. Served with chips, salad & gravy. <b>Add Napoli sauce, ham &amp; mozzarella +5.0</b>	25.9	<b>22.9</b>
<b>Creamy Garlic Prawns</b> (GF) Served with rice & salad.	36.9	<b>33.9</b>
<b>Shanghai Chicken</b> (GFO) Chicken supreme slow cooked in a Chinese master stock & pan fried. Served with sautéed Asian vegetables & rice.	28.9	<b>25.9</b>
<b>Slow Braised Lamb Shank</b> (GF) Served in a creamy tomato & rosemary sauce with mashed potato & steamed vegetables.	34.9	<b>31.9</b>
<b>Mushroom Ragout</b> (V, GFO) Wild mushroom medley sautéed in garlic with Spanish onion, spinach & topped with toasted pinenuts. Served on 2 pieces of crispy sourdough.	28.9	<b>25.9</b>
<b>Spaghetti Amatriciana</b> Sopressa salami, Spanish onion, garlic, cherry tomatoes, spinach, & spaghetti in a Napoli Sauce. Topped with Parmesan cheese.	28.9	<b>25.9</b>
<b>Chicken &amp; Leek Pot Pie</b> (GFO) Homestyle creamy chicken & leek with a flaky puff pastry lid. Served with steamed vegetables.	26.9	<b>23.9</b>
<b>Beef Massaman Curry</b> (GF) Traditional Thai beef Massaman with chunky pieces of beef & potatoes. Served with rice & topped with peanuts & coriander.	29.9	<b>26.9</b>



## BURGERS

	NM	M
<b>TK Cheesy Bacon Burger</b> (GFO) Beef patty, bacon, lettuce, tomato, cheese, onion, pickle, beetroot & TK sauce on a brioche bun. Served with chips.	24.9	<b>21.9</b>
<b>Rump Steak Sandwich</b> (GFO) Grain fed Angus rump, bacon, lettuce, tomato, cheese, fried onion & TK sauce on thick cut toast. Served with chips.	25.9	<b>22.9</b>
<b>Fried Chicken Burger</b> Fried buttermilk chicken, lettuce, tomato, cheese, onion, pickle & TK sauce on a brioche bun. Served with chips. <b>Add bacon +2.0</b>	22.9	<b>19.9</b>
<b>Haloumi &amp; Avocado Burger</b> (VG, GFO) Grilled haloumi, avocado, beetroot hummus, roast capsicum & spinach on a toasted Turkish bun. Served with chips.	22.9	<b>19.9</b>
<b>BLAT</b> (VGO, GFO) Bacon, lettuce, avocado, tomato & ranch sauce on a toasted Turkish bun. Served with chips	22.9	<b>19.9</b>

## PIZZAS

**Med 21nm 18m | Lg 26nm 23m | GF Lg Only 29nm 26m**

<b>Margherita</b> (VG) Napoli sauce, tomato slices, basil, garlic & mozzarella.	<b>Hawaiian</b> Napoli sauce, leg ham, pineapple & mozzarella.
<b>Chilli Pepperoni</b> 🌶️ Napoli sauce, pepperoni, roast capsicum, onion, chilli & mozzarella.	<b>Meatlovers</b> (GFO) BBQ sauce, pork sausage, bacon, chicken, red onion & mozzarella.
<b>Pesto Chicken &amp; Bacon</b> Pesto sauce, chicken, crispy bacon, onion & mozzarella.	<b>Diavola</b> 🌶️🌶️🌶️ Napoli sauce, roast capsicum, Spanish onion, mild salami, 'Nduja (spicy sausage) & mozzarella.
<b>Vegorama</b> (VG) Pesto sauce, potato, pumpkin, red onion, mushroom, feta, roast capsicum, olives, fresh basil & mozzarella.	<b>Supreme</b> Napoli sauce, Italian sausage mince, ham, olives, Spanish onion, roast capsicum & mozzarella.
<b>Gamberi</b> 🦐 Napoli sauce, prawns, cherry tomatoes, garlic, chilli, basil & mozzarella.	<b>Garlic Artichoke</b> Garlic cream base, chicken breast, artichoke, cherry tomatoes & mozzarella.

## KIDS

<b>Children 12 &amp; under</b> <i>All kids meals come with a soft drink.</i>	<b>9.9</b>
<b>Spaghetti &amp; Meatballs</b> (VGO) <b>Mini Ham &amp; Cheese Pizza</b> <b>Golden Fish Bites &amp; Chips</b>	<b>Junior Cheeseburger &amp; Chips</b> <b>Crispy Chicken Nuggets &amp; Chips</b>