



KFit

TIMETABLE

DATE	CLASS	INSTRUCTOR
31-Aug	Zumba	Kellie
7-Sep	Low impact cardio	Nadine
14-Sep	Zumba	Kellie
21-Sep	TaiChi	Nadine
28-Sep	Zumba	Kellie
5-Oct	Low impact cardio	Nadine
12-Oct	Zumba	Kellie
19-Oct	TaiChi	Nadine
26-Oct	Zumba	Kellie